

**Sun 2<sup>nd</sup> Jul Roland 01405 762608**

9½ miles across the rolling countryside south west of Boroughbridge, finishing with a visit to the Yorkshire Wildlife Trust reserve at Staveley. Meet for a 10am start at Staveley village green (GR 367 627).

**Wed 5<sup>th</sup> Jul Peter 01924 896495**

4ish mile walk starting at the Navigation Pub, Calder Grove, Wakefield at 7:30pm.

**Sat 8<sup>th</sup> Jul Steve 01977 661238**

Orienteering at Middleton Woods, Ilkley or footy golf at Whitwood. See [GroupMail](#) sent on 3 Jul 17.

**W/E 14<sup>th</sup> - 16<sup>th</sup> Jul Jayne 01924 870882**

Tackle the Yorkshire Three Peaks challenge on a weekend based at Broadrake bunk barn. Sorry, this event is now **fully booked**.

**Wed 19<sup>th</sup> Jul Margaret 01405 762608**

Get your thinking caps on and engage lateral (and vertical) thinking for a treasure hunt compiled by the cryptic Margaret & Roland. 7pm start from Askern.

**Sun 23<sup>rd</sup> Jul Andy 0113 257 8230**

Join us for an 10ish mile walk in the Yorkshire Dales. More details to follow via [GroupMail](#) nearer the date.

**Sun 30<sup>th</sup> Jul Rob & Donna**

A day out in Hull, the UK [City of Culture 2017](#). Follow the [Hull Blitz Trail](#) & visit some of the city's museums and galleries. Followed by a fish and chip supper.

**Wed 2<sup>nd</sup> Aug Cary 01977 615648**

Join Cary to explore the [Brockdale Nature Reserve](#) at Kirk Smeaton. More details to follow via [GroupMail](#) nearer the date.

**Sun 6<sup>th</sup> Aug Paul 0113 282 0739**

Cycle ride, tailored to suit the participants. Meet at Woodlesford Railway Station at 10am.

**Sun 13<sup>th</sup> Aug Margaret 01405 762608**

Take part in our annual croquet tournament at the [Percy Arms](#), Airmyn from 1.00pm. Call the pub on **01405 780792** to book a pub lunch or bring a picnic.. **Names required by 10th August please.**

**Wed 16<sup>th</sup> Aug Jackie 01924 829096**

Walk from Stanley Nature Reserve, Wakefield. Meet for a 7pm start from the car park on Lime Pit Lane.

**Sat 19<sup>th</sup> Aug Peter 01924 896495**

Visit to the Brotherton Library in Leeds to see the treasured Brotherton collections and the Burton Art Galleries. Meet at the Parkinson Building at 11am.

**Sun 27<sup>th</sup> Aug Damian 0113 282 8622**

Climb more than 400 steps to the top of [Wainhouse Tower](#) in Halifax. Then enjoy an [8½ mile walk](#) from [Hardcastle Crags](#) to historic [Heptonstall](#) and back.

**Wed 30<sup>th</sup> Aug Liz 01924 255397**

Evening walk around Pugneys & Sandal Castle, near Wakefield. Meet at Sandal Castle car park at 7pm.

**Sun 3<sup>rd</sup> Sep Giles 01924 870882**

Micro navigation challenge around Mankinholes, near Hebden Bridge. More details to follow via [GroupMail](#) nearer the date.

**Sat 9<sup>th</sup> Sep Colin 01977 642734**

Hebden Bridge linear canal walk. Returning to start by train. More details to follow via [GroupMail](#).

**Wed 13<sup>th</sup> Sep Liz G 01924 822003**

Curry night at table 27 Morley (near ASDA). Names by 9<sup>th</sup> Sept and more details via [GroupMail](#).

**Sun 17<sup>th</sup> Sep Luisa 0113 282 8622**

A 10 mile walk in the Howardian Hills, starting from [Castle Howard](#). Meet in the [Courtyard Café](#) for a pre-walk drink at 10am. Optional entry to the gardens and parkland after the walk ([admission fees](#) apply).

**Sun 24<sup>th</sup> Sep**

Local cycle, suitable for a range of fitness levels. More details to follow via [GroupMail](#) nearer the date.

**Wed 27<sup>th</sup> Sep Colin 01977 642734**

The Real Ale Trail Part III tasting the craft beers of the Wakefield Beer Exchange. More details on Groupmail nearer the time but let Colin know you are interested in joining him.

**W/E 29<sup>th</sup> Sep - 1<sup>st</sup> Oct Jackie 01924 829096**

Birthday weekend & AGM at Ravenstor Youth Hostel. Enjoy the great outdoors and the great company at TRAC's best attended annual weekend away. More details to follow via [GroupMail](#) nearer the date.

**Sun 8<sup>th</sup> Oct Damian 0113 282 8622**

[8½ mile walk](#) from Bingley to Saltaire, through St. Ives and the Goitstock Valley. Followed by a performance of the [Wurlitzer organ](#) at Victoria Hall (tickets required). Meet at Bingley station at 9.30am.

**Wed 11<sup>th</sup> Oct Cary 01977 615648**

A performance of "[Best Foot Forward: A hike through the history of hostelling](#)" by the Mikron Theatre Co. 7.30pm at Meltham Sports & Community Centre. Contact Cary **ASAP** regarding tickets (£11-£13).

**Sun 15<sup>th</sup> Oct Cary 01977 615648**

Locke Park Walk: 10 mile walk around Barnsley with refreshments at the rather lovely café in the park when we finish. More details to follow via [GroupMail](#).

**Sun 22<sup>nd</sup> Oct Peter 01924 896495**

9 mile moderate walk from Pateley Bridge, including another part of the Nidderdale Way and [Coldstone Cut](#). Meet at the Nidd Walk car park at 10am.

**Wed 25<sup>th</sup> Oct Luisa 0113 282 8622**

Come to the [Cabaret](#), come hear the music play at Leeds Grand Theatre. **Already booked**. Please buy your own tickets ([here](#)) if you would like to join us.

**Sun 29<sup>th</sup> Oct Mark 01924 255397**

9 mile walk in the Peak District, taking in Win Hill and Ladybower Reservoir. Further information to follow via [GroupMail](#) nearer the date.

**Sat 4<sup>th</sup> Nov Neil 01977 552243**

Beer Festival at Queens Mill (formerly Allinson Mill) in Castleford. More details to follow via [GroupMail](#).

**Mon 6<sup>th</sup> Nov Luisa 0113 282 8622**

Enjoy the annual Rothwell [Fireworks Spectacular](#) in [Springhead Park](#) followed by supper at [Casa Panetta](#) (small charge to cover costs). **Names required by 31<sup>st</sup> October** please, for catering purposes. More details to follow via [GroupMail](#) nearer the date.

## Additional information

Further details regarding our events are generally published via email by the organiser nearer the time of each event, but please do let the organiser know if you are interested in joining an event or activity.

Our members sometimes organise additional events off-programme and circulate details via [GroupMail](#).

But you have to be **in the group to be in the loop!**

Sign up for [GroupMail](#) on our website:  
[www.yhatrac.org.uk/](http://www.yhatrac.org.uk/)

## Our events

Our events are run by our members. If you have a favourite walk or other activity you are invited to put it on the next programme. Why keep it to yourself?!

All events may be subject to change. Any changes are usually advised via [GroupMail](#), so it is definitely worthwhile joining up in order to stay informed.

## Joining TRAC

We welcome people from all walks of life and have members from Leeds, Wakefield, and as far away as Goole, York and Huddersfield. Our membership comprises young & old, single people, couples and families with children of various ages.

If you would like to give us a try we invite you to join a couple of events without obligation, to see if TRAC is for you. If you then decide to continue we would ask you to pay our membership of **just £5 per year**.

## Advisory note

It is the responsibility of all participants to satisfy themselves that they are fit enough and adequately attired for any event. Personal accident insurance is the responsibility of each individual.

## Other internet links



[www.facebook.com/TheReallyActiveClub](http://www.facebook.com/TheReallyActiveClub)

[www.walk4life.info/groups/wakefield-trac-activity-group](http://www.walk4life.info/groups/wakefield-trac-activity-group)

### ADVANCE NOTICES

More to follow via [GroupMail](#) nearer the time or contact the organiser for further information.

#### Feb 2018: Weekend in Nottingham

Based in the Travelodge for approx. £27ppn for a double room. Explore caves, canals and castles and more! Lots more! Interested?  
Contact Damian on 0113 282 8622

Easter 30 March to 2 April 2018:  
Looking at exclusive use of Jordans in Buckinghamshire. If all beds filled it is about £70 per person. Interested?  
Contact Jackie on 01924 829096

Late May 2019: Group holiday in southern Spain  
A chance to climb and walk the refurbished Camino del Rey and explore lots of other beautiful lakes and gorge and the rolling hills in the sun.  
Estimate £400 to £500 for B&B accommodation and flights.

*Expressions of interest please*  
Contact Damian on 0113 282 8622

## Meeting Points

Pontefract: [Tesco car park](#)

[The Thatched House](#): 434 Aberford Road (A642), Stanley, Wakefield, WF3 4AA, circa 1 mile from M62 Junction 30. Join us for one of our social evenings.

## Car sharing

We encourage car sharing and we invite fuel cost contributions at a rate of **25p per mile per car** split between all those travelling to the event. Please ask a member for further information.

## NEW MEMBERS WELCOME AT ANY EVENT

**Try your first two events without obligation!**

# THE GROUP THAT DOESN'T JUST WALK

TRAC is [The Really Active Club](#). The club for people who enjoy a variety of outdoor and social activities. We have members from Wakefield, Leeds, York, Goole, Huddersfield, and many places in between.

**EVERYONE IS WELCOME.**



## July 2017 – October 2017

Get in touch with any of the members listed below for general information about the group, or the named contact for details about specific events.

Paul 0113 282 0739  
Jackie 01924 829096  
Margaret 01405 762608

**Why not come along and join us?**

Our annual membership is now **just £5**

# GET ON THE RIGHT TRAC